

Day Two

Intermediate Classes (2nd, 3rd and 4th Class)



Food Dudes Week

Fruit and Vegetable Science Quiz

The following resource has been designed based on the Food Dudes Week, intermediate level, day 2 video. The resource links with the science curriculum for 2nd, 3rd and 4th class groups.

Video Message:

The intermediate level, day two video explains the categories of fruit and vegetables.

This activity is linked to the following **curricular area**: Science > living things > plant and animal life

Key Learning Outcomes:

- ✓ Develop an awareness of plants from wider environments.
- ✓ Observe ways that plant and animal behavior is influenced by, or adapted to, environmental conditions.

Teacher Guidelines:

- ✓ Print the resource below for pupils. They can complete the quiz in groups, pairs or individually or the quiz can be completed in copy books.
- ✓ Pupils can answer the questions and colour the pictures on the activity sheet provided.
- ✓ Quiz answers are provided below.

Quiz Answers:

- Q1. Apples, pears, grapes.
- Q2. The Food Dudes have brought apples and grapes before.
- Q3. Types of berries: Strawberries, blueberries, raspberries, blackberries.
- Q4. The skin of citrus fruits is called the rind.
- Q5. Citrus fruits grow in hotter climates/ sunny/ tropical/ humid weather.
- Q6. An apricot is a stone fruit.
- Q7. Other stone fruits include: peaches, nectarines, plums, cherries, mangos.
- Q8. An avocado is also known as a stone fruit.
- Q9. Cucumbers and peppers both contain seeds.
- Q10. Vegetables with seeds are called "fruit vegetables". We call them "fruit vegetables" because they are technically a fruit, they develop from the flowering part of the plant.
- Q11. Tomatoes/ aubergines /squash are examples of "Fruit Vegetables".
- Q12. Garlic-bulb vegetable, spinach-leafy vegetable, cauliflower-flowering vegetable, Brussel-sprout-bud vegetable, parsnip-root vegetable.
- Q13. They are called root vegetables because the root of the plant is the part we eat.
E.g. the part that grows underground.
- Q14. True, root vegetables are commonly grown in Ireland.
- Q15. Plants need light or sun for energy to grow.
- Q16. True, 5-7 portions are recommended per day.

Fruit and Vegetable Science Quiz

Name _____

Q1. Name 2 types of fruit with pips.

1. _____

2. _____

Q2. Can you remember what pip fruits the Food Dudes have brought you before?

Answer: _____

Q3. Name and draw three types of berry.



Q4. Citrus fruits often have a thick skin on the outside, what is this skin called?

Answer: _____

Q5. What type of weather or climate do these fruits commonly grow in?

Answer: _____

Q6. An apricot is an example of what kind of fruit?

Answer: _____

Q7. Name two other kinds of fruit in this family.

1. _____

2. _____

Q8. The following is also known as a stone fruit, what is it called?

Answer: _____



Fruit and Vegetable Science Quiz

Q9: Last year, the Food Dudes brought you cucumber and peppers, what do these vegetables have in common?

Answer: _____

Q10: What do we call them?

Answer: _____

Q11: Name another type of vegetable from this category.

Answer: _____

Q12: Match the vegetable to the correct group.

Garlic

Leafy

Spinach

Bulb

Cauliflower

Bud

Brussel Sprouts

Flowering

Parsnip

Root

Q13: Why do we call parsnips, carrots and turnip root vegetables?

Answer: _____

Q14: True or False: Root vegetables are commonly grown in Ireland.

True

False

Q15: What do plants need to grow, that makes it hard to grow many crops in Ireland?

Answer: _____

Q16: True or False: The Food Dudes recommend that you eat 5-7 portions of fruit and vegetables every day?

True

False

