

SESE Activity - Science

The following resource has been designed based on the Food Dudes Week, intermediate level, day 2 video. This resource links with the Science curriculum for 2nd, 3rd and 4th class groups.

Video Message: This video is about farming and nutrition.

This activity links with the following **curricular areas**:

2nd Class:

SESE > Science > Living things > Myself

3rd and 4th Class:

SESE > Science > Living things > Human Life

Key Learning Outcomes:

2nd Class Pupils should be enabled to:

- ✓ Name and identify external parts of the human body and their associated functions or senses
- ✓ Become aware of the role of each sense in detecting information about the environment and in protecting the body

3rd and 4th Class Pupils should be enabled to:

- ✓ Become aware of the names and structure of some of the body's major external and internal organs
- ✓ Develop an awareness of the importance of food for energy and growth, and the need for a balanced and healthy diet

Teacher Guidelines:

The following worksheets have been adapted for 2nd Class and 3rd/4th Class pupils accordingly.

They ask pupils to label parts of the human body, their basic functions, and (in the case of 3rd and 4th class) to match some vitamins and minerals needed to assist in the healthy development of those body parts.

Answers for Vitamin worksheet

Vitamin A - Eyes

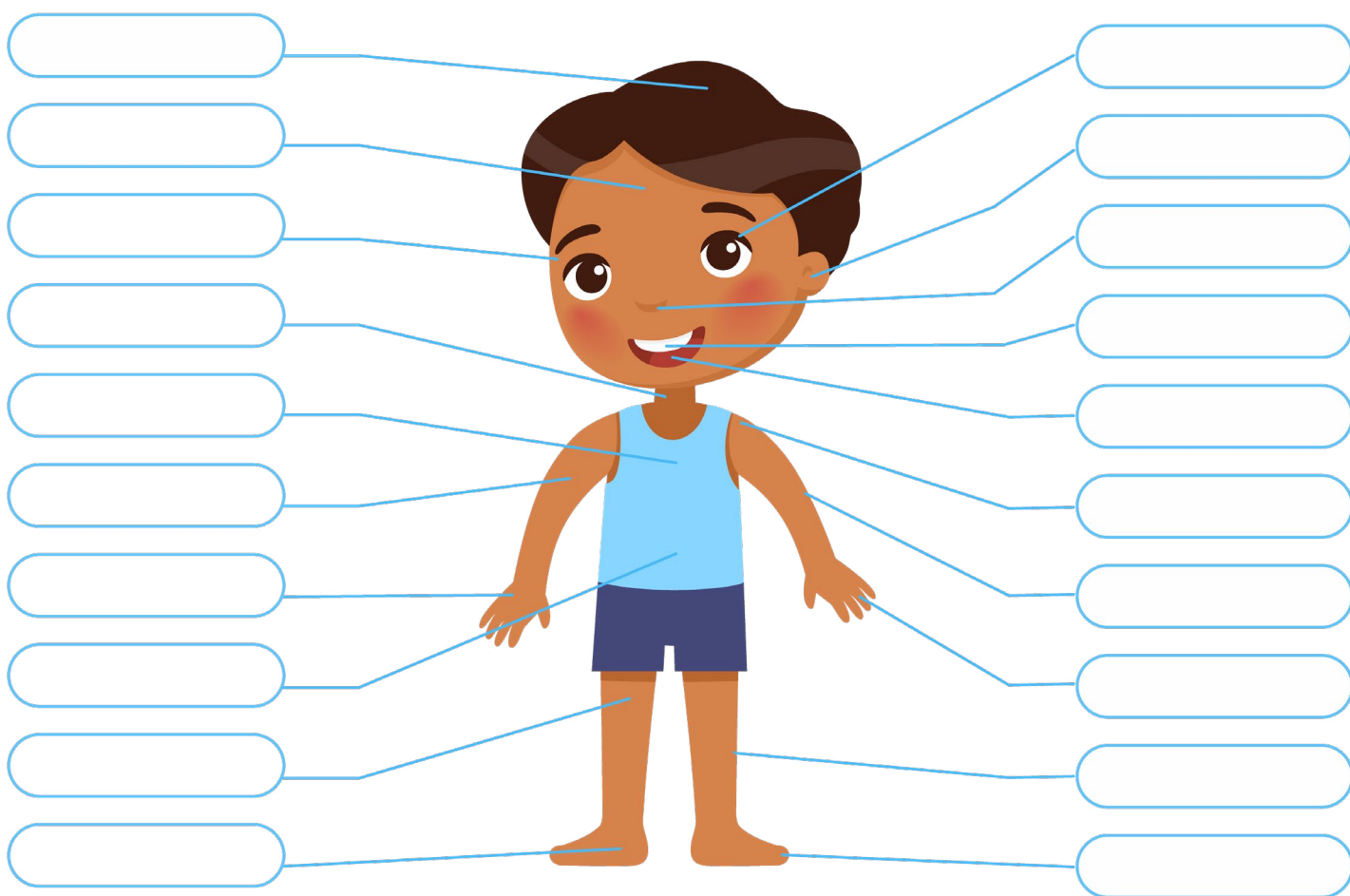
Vitamin B - Brain & Veins (Healthy Blood)

Vitamin C - Skin & gums

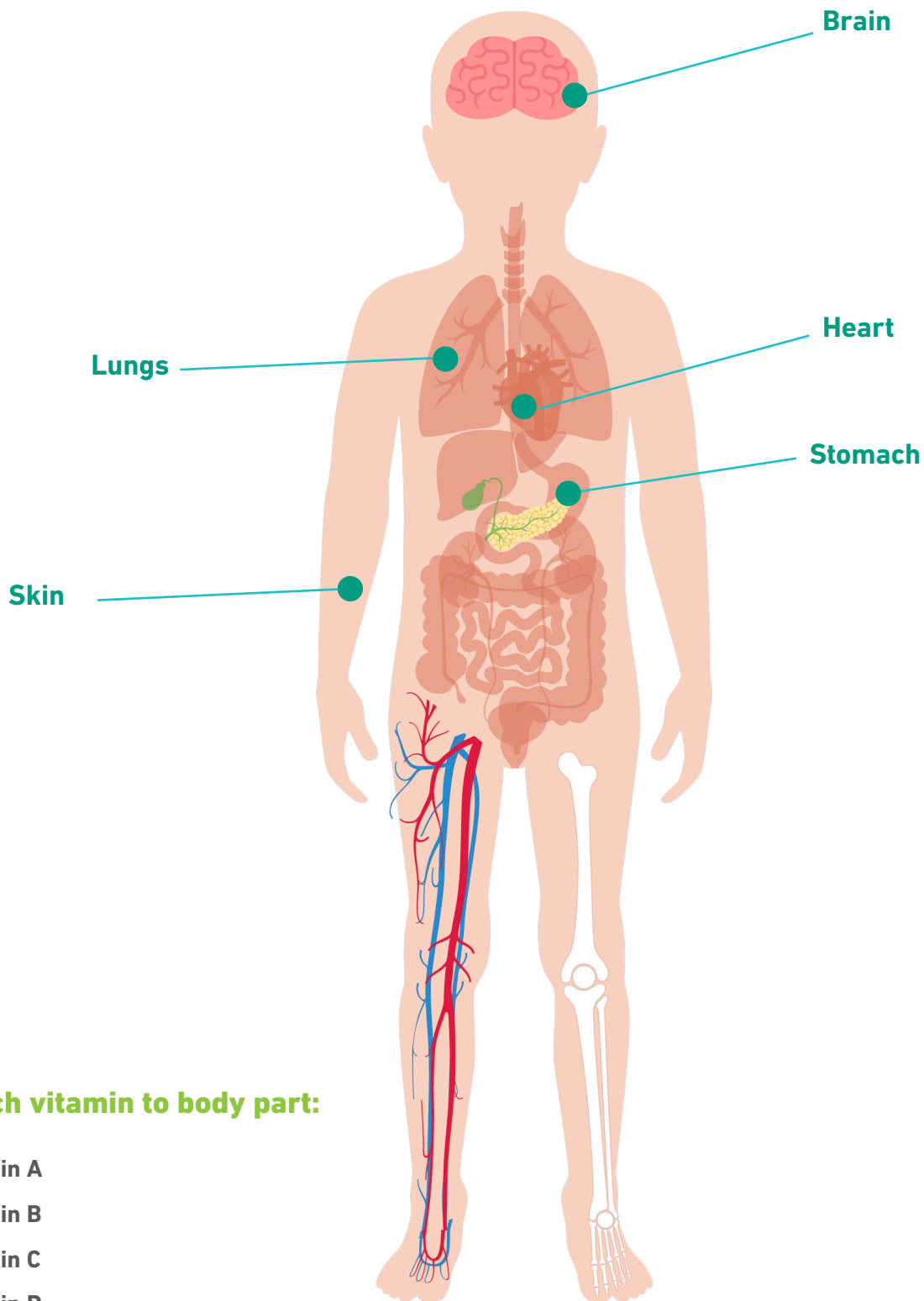
Vitamin D - Bones (Aid calcium absorption)



Body Parts



Body Organs



Match vitamin to body part:

- Vitamin A
- Vitamin B
- Vitamin C
- Vitamin D

