

Food Dudes Fun at Home



Fruit and Vegetable Science Quiz

This week on Food Dudes Fun at Home, we have a fruit and vegetable science quiz for children to print out and complete, or complete in copy books. This quiz is suitable for intermediate and senior cycle children. Make sure to watch our Food Dudes video on categories of fruit and vegetables before completing the quiz, to find some hints!

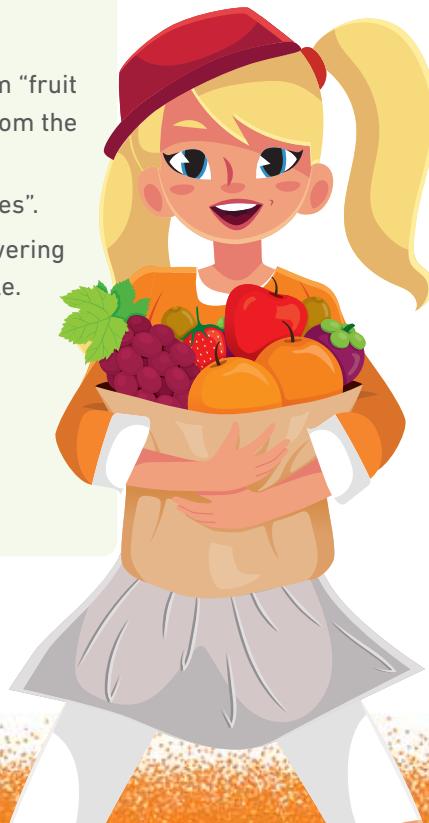
Instructions:

- ✓ The following resource can be printed for children and completed individually or with other family members. If you don't have a printer, children can write the answers into their copy books!
- ✓ Pupils can answer the questions and colour the pictures on the activity sheet provided.
- ✓ Quiz answers are provided below.

Quiz Answers:

- Q1. Apples, pears, grapes.
- Q2. The Food Dudes have brought apples and grapes before.
- Q3. Types of berries: Strawberries, blueberries, raspberries, blackberries.
- Q4. The skin of citrus fruits is called the rind.
- Q5. Citrus fruits grow in hotter climates/ sunny/ tropical/ humid weather.
- Q6. An apricot is a stone fruit.
- Q7. Other stone fruits include: peaches, nectarines, plums, cherries, mangos.
- Q8. An avocado is also known as a stone fruit.
- Q9. Cucumbers and peppers both contain seeds.
- Q10. Vegetables with seeds are called "fruit vegetables". We call them "fruit vegetables" because they are technically a fruit, they develop from the flowering part of the plant.
- Q11. Tomatoes/ aubergines /squash are examples of "Fruit Vegetables".
- Q12. Garlic-bulb vegetable, spinach-leafy vegetable, cauliflower-flowering vegetable, Brussel-sprout-bud vegetable, parsnip-root vegetable.
- Q13. They are called root vegetables because the root of the plant is the part we eat. E.g. the part that grows underground.
- Q14. True, root vegetables are commonly grown in Ireland.
- Q15. Plants need light or sun for energy to grow.
- Q16. True, 5-7 portions are recommended per day.

Don't forget to share your work online and use the hashtag #FoodDudesFun





Fruit and Vegetable Science Quiz

Name _____

Q1. Name 2 types of fruit with pips.

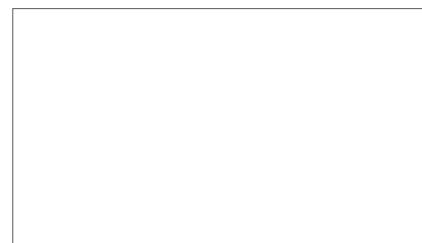
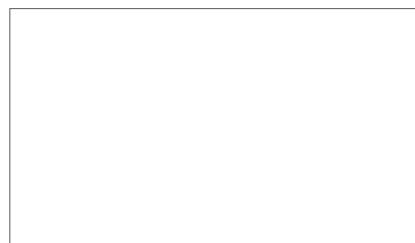
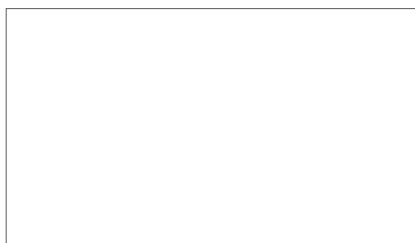
1. _____

2. _____

Q2. Can you remember what pip fruits the Food Dudes have brought you before?

Answer: _____

Q3. Name and draw three types of berry.



Q4. Citrus fruits often have a thick skin on the outside, what is this skin called?

Answer: _____

Q5. What type of weather or climate do these fruits commonly grow in?

Answer: _____

Q6. An apricot is an example of what kind of fruit?

Answer: _____

Q7. Name two other kinds of fruit in this family.

1. _____

2. _____

Q8. The following is also known as a stone fruit, what is it called?

Answer: _____





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Q9: Last year, the Food Dudes brought you cucumber and peppers, what do these vegetables have in common?

Answer: _____

Q10: What do we call them?

Answer: _____

Q11: Name another type of vegetable from this category.

Answer: _____

Q12: Match the vegetable to the correct group.

Garlic	Leafy
Spinach	Bulb
Cauliflower	Bud
Brussel Sprouts	Flowering
Parsnip	Root

Q13. Why do we call parsnips, carrots and turnip root vegetables?

Answer: _____

Q14. True or False: Root vegetables are commonly grown in Ireland.

- True
 False

Q15. What do plants need to grow, that makes it hard to grow many crops in Ireland?

Answer: _____

Q16. True or False: The Food Dudes recommend that you eat 5-7 portions of fruit and vegetables every day?

- True
 False

