

Lesson Idea – Science – Living Things

Fruit (This lesson can also be adapted to focus on Vegetables)

Aim

- Children classify fruits.
- Children learn to describe the skin covering various types of fruits, and then describe the internal structure of the various fruits.

1. Introduction

Brainstorm with children the names of fruits they already know.

Show samples of various fruits – apple, orange, banana, strawberry, pineapple, kiwi etc and encourage the pupils to describe them.

2. Discussion on the external view of the fruit and children's views

- What colour is it?
- Is the skin smooth, rough or hairy?
- What shape is it?
- Is it light or heavy?
- Hands up who likes this type of fruit- "Why do you like this fruit?"

Encourage the children to use descriptive vocabulary.

3. Dissection of the fruit and discussion

Dissect the various fruits.

Encourage the children to describe what they see.

- Is it the same colour inside and out?
- Does it smell?
- Can you see any seeds?
- What shape/colour are they?
- Can you see any juice?

Encourage the children to use the correct vocabulary concerning the fruit

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Segments, juice, pips, seeds, rind, core, flesh, pith.

4. Tasting Fruit

The teacher cuts the fruit into pieces and allows the children to sample them.

Ask the children to describe the taste - sweet, sour, bitter, etc.

Discussion the different fruits the children bring into school and ask for suggestions for other fruits that could also be brought into school.

- Who brings fruit to school?
- What type of fruit do you bring in?
- What kind would you bring in after today?
- Is there another way you could bring in fruits? eg in a smoothie

Fruit	Colour	Has it seeds?	Describe the smell	Is it juicy?	Describe the skin	Do you like it?
Apple						
Banana						
Orange						
Strawberry						
Kiwi						
Pear						
Melon						
Star Fruit						
Pineapple						